

SOCIAL LIFE MAGAZINE

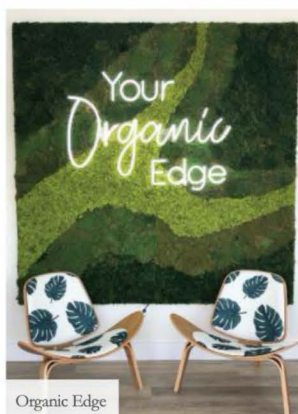
Summer 2020

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HEALTH & BEAUTY

Hamptons Spas

As spas and wellness centers begin to reopen throughout the Hamptons with updated protocols and appointment-only bookings, here's what is new and notable.



Organic Edge



Topping Rose House + Dr. Dennis Gross



The Baker Spa



Skin by Veronica

ORGANIC EDGE, Water Mill

The new holistic wellness center *just* opened and specializes in cutting-edge wellness services. The founder and CEO, Shannon Conklin, brings thirteen years of experience in several holistic health and wellness services and techniques.

Signature services at Organic Edge include the infrared sauna pod, which offers purification therapy through far-, mid-, and near-infrared technology that assists in weight loss, cell and skin purification, cardiovascular health, stress reduction, and pain management. Targeted cryotherapy services offer a natural way to remove fat from the body, tighten skin, and reduce pain and inflammation naturally. yourorganicedge.com

TOPPING ROSE HOUSE + DR. DENNIS GROSS, Bridgehampton

The spa at Topping Rose House is now open for customizable massages and facials with Farmaesthetics herbal skincare products. Whether you're looking for a relaxing stress-management massage (we can all use this right about now) or a facial designed to detoxify the skin from the summer elements, the spa professionals are there to create a custom experience for you.

In other exciting news, New York City-based dermatologist Dr. Dennis Gross has started a practice at Topping Rose House Spa that opened on July 1. Treatments are limited to Botox and fillers at this time — although a full treatment menu is in the works. Appointments for Dr. Dennis Gross can be made by calling 212.725.4555. toppingrosehouse.com

THE BAKER SPA, East Hampton

The Baker Spa has announced the debut of new spa treatments this summer featuring the exclusive product line, Luzern. Cultivated at the highest elevations in the Swiss Alps, Luzern sources powerful organic actives and transforms them into high-performance skincare.

Two exclusive facials will be offered at The Baker Spa this season: The oxygen facial and the vitamin C facial. The oxygen facial strengthens collagen cells and builds cellular immunity, which leaves the skin healthy and rejuvenated (90 minutes, \$250). While the vitamin C facial provides a synergistic cocktail of alpine extracts to brighten and improve skin texture while balancing the hydration level (60 minutes, \$140). bakerhouse1650.com

SKIN BY VERONICA, Southampton

The laser and facial spa will be offering a new facial technique, the Korean V-line meridian massage facial. The V-line refers to facial sculpting by stimulating acupuncture pressure points. Wrinkles and creases are smoothed out during this massage facial by using strong strokes along the meridian lines.

Techniques include rolling and pressing along jawline and neck to lift and sculpt facial contours, firm sagging skin, and improve circulation. Like Korean face-lifting, fascia-firming meridian massage includes applying a sheet mask as well as layering multiple products containing vitamins, peptides, stem cells, and growth factors. skin-by-veronica.business.site