

Holistic Wellness Center, Organic Edge, Opens In Water Mill



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Conklin created Organic Edge with the mission of helping people heal and purify their bodies in the most natural way. (Courtesy Photo)

Organic Edge, a new holistic wellness center, opened its doors in the Hamptons on June 15. The center specializes in cutting edge wellness services and helps clients obtain the body they desire. Shannon Conklin, Founder and CEO, has 13 years of experience in holistic health and wellness services. The signature services provided at Organic Edge include: colon hydrotherapy, targeted cryotherapy and the wellness pod, an infrared sauna pod with lymphatic drainage massage and pink Himalayan salt air.


Conklin created Organic Edge with the mission of helping people heal and purify their bodies in the most natural way. She was inspired by her own chronic illness as a child as losing her father to colon cancer at age 49. Conklin has committed her life, both personally and professionally, to understanding holistic practices and helping others. Her holistic modality certifications include being a National Board Certified Colon Hydrotherapist and an I-ACT Certified Colon Hydrotherapy Instructor.

"Organic Edge was truly reverse-engineered by the client, responding to their needs and desires. With a little assistance, we can help bring the body back to its natural state of health. Our bodies are amazing, and capable of so much more than people know. I believe in what I do whole-heartedly and truly love helping people. I can't wait to bring these services to the Hamptons," remarked Conklin.

Interested in Organic Edge's services? Read on... Colon Hydrotherapy or Colonics uses top-of-the-line, FDA registered equipment in a luxurious, customizable and private setting. All therapists at Organic Edge are I-ACT certified to assist clients with all of their cleansing needs. All equipment is sterilized, nozzles are disposable, and water is treated with an effective multi-stage filtration system to ensure only pure warm water for each and every treatment. Colon Hydrotherapy sessions start at \$160 per session with packages available for multiple sessions. The Infrared Sauna Pod at Organic Edge offers purification therapy through far, mid and near infrared technology that assists in weight loss, cell and skin purification, cardiovascular health, stress reduction and pain management. The pod combines both dry heat and infrared heat with vibratory lymphatic drainage massage, aromatherapy, and pink Himalayan salt air for the ultimate body transformation and holistic wellness experience. Sauna pod sessions start at \$65 a session with package pricing for multiple sessions. Targeted Cryotherapy services at Organic Edge offer a natural and permanent way to remove fat from the body without surgery. The revolutionary method freezes fat, tightens skin, boosts collagen, eliminates cellulite and reduces pain and inflammation naturally. Cryotherapy services include cryo slimming and cryo body toning with sessions starting at \$325 and cryo facial toning starting at \$225 a session.

If this field interests you, Organic Edge also offers colon hydrotherapy instructional courses on site taught by an I-ACT Certified Instructor and National Board Certified Colon Hydrotherapist, for individuals looking to become certified therapists.

Organic Edge is available by appointment and located at 2 Montauk Highway, Suite 2, Water Mill. For more information, call 631-488-4086 or visit www.yourorganicedge.com.

Sydney Braat is a Hamptons-raised and NYC-living journalist. She enjoys splitting her time between the bustling city life and relaxing atmosphere of the Hamptons. When she's not writing, Sydney is traveling. She thrives off of new experiences, cultures, cuisine, and languages. Sydney writes about the arts, philanthropy, food & wine, and shopping. <https://www.sosydneyny.com/> 
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